

# A contactless electrical stimulator: application to fabricate functional skeletal muscle tissue

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**Abstract** Engineered skeletal muscle tissues are ideal candidates for applications in drug screening systems, bio-actuators, and as implantable constructs in tissue engineering. Electrical field stimulation considerably improves the differentiation of muscle cells to muscle myofibers. Currently used electrical stimulators often use direct contact of electrodes with tissue constructs or their culture medium, which may cause hydrolysis of the culture medium, joule heating of the medium, contamination of the culture medium due to products of electrodes corrosion, and surface fouling of electrodes. Here, we used an interdigitated array of electrodes combined with

an isolator coverslip as a contactless platform to electrically stimulate engineered muscle tissue, which eliminates the aforementioned problems. The effective stimulation of muscle myofibers using this device was demonstrated in terms of contractile activity and higher maturation as compared to muscle tissues without applying the electrical field. Due to the wide array of potential applications of electrical stimulation to two- and three-dimensional (2D and 3D) cell and tissue constructs, this device could be of great interest for a variety of biological applications as a tool to create noninvasive, safe, and highly reproducible electric fields.

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## 1 Introduction

Skeletal muscle tissues have the ability to self-repair; however, they lack the potential to restore damage caused by congenital defects, trauma, denervation, and tumor ablation. In addition, intramuscular injection of myogenic cells, such as satellite cells or myoblasts, does not effectively make tissue repair due to low cell retention and survival, immunorejection, and functional loss (Rossi et al. 2010). Muscle tissue engineering has recently been suggested as a promising method to regenerate or recover damaged muscle tissues (Hinds et al. 2011; Koning et al. 2009). Engineered muscle tissues also have *in vitro* applications, such as for drug screening (Ghaemmaghami et al. 2012; Vandenburg 2009) or as engineered bio-actuators (Hosseini et al. 2012; Fujita et al. 2011).

It is well known that muscle cells are able to differentiate under stimulation with an electrical field, which leads to an increase in myosin production and the formation of myofibers and contractile proteins (Park et al. 2008). Advances in microscale technologies used in biology and regenerative medicine (Khademhosseini et al. 2006) can provide reliable methods and devices to enable the use of electrical stimulation (ES) for tissue engineering applications in a precise and controllable manner. In our previous work (Ahadian et al. 2012), an interdigitated array of electrodes was used for the ES of muscle tissue, which had the following advantages: (a) the electrodes were permanently positioned on the substrate and could therefore provide a highly reproducible and well-quantified electric field; (b) this technology made it feasible to fabricate high resolution and complex electrode designs relevant to physiological feature sizes and architectures; (c) the ES was synchronized over the whole tissue; (d) lower energy was needed to create a specified electric field compared to the conventional setups for the ES (i.e., pair of conductive electrodes placed in close proximity to the muscle tissue). However, any direct contact between electrodes and biological samples as occurred in our suggested device may cause (1) hydrolysis of the culture medium when applied electric potential exceeds the water window and therefore it causes bubble formation; (2) joule heating of the medium; (3) contamination of the culture medium due to products of electrodes corrosion; (4) surface fouling of electrodes as a result of electrochemical reactions on the electrodes surface. To tackle these problems, we propose to use a thin coverslip between the muscle tissue and interdigitated array of electrodes to make a contactless electrical stimulator as depicted in Fig. 1.

In this study, we used gelatin methacrylate (GelMA) hydrogel, similar to our previous work (Aubin et al. 2010) to fabricate 3D arrays of engineered muscle tissue. Hydrogels have been employed extensively in biological applications because they have a high water content and mimic many features of the natural extracellular matrix (ECM) (Peppas et al. 2006; Slaughter et al. 2009). GelMA hydrogel is an inexpensive, photopolymerizable semi-natural hydrogel comprised of gelatin modified with acrylates (Aubin et al. 2010).

In this work, we demonstrate the potential advantages of a contactless interdigitated array of Pt (IDA-Pt) electrodes in comparison to IDA-Pt electrodes stimulating muscle tissues made on microgrooved GelMA hydrogel. The engineered tissue was subjected to the ES as a means to accelerate the tissue maturation. In this step, a contactless IDA-Pt electrodes was introduced as a platform for the ES of muscle tissue, and the resulting tissue was characterized and compared with that without applying the electrical field. Due to the wide array of potential applications of ES to two- and three-dimensional (2D and 3D) cell and tissue constructs (Hronik-Tupaj and Kaplan 2012), the proposed device could be of great interest for a variety of biological applications as a tool to create noninvasive, accurate, safe, and highly reproducible direct and alternative electric fields.

## 2 Materials and methods

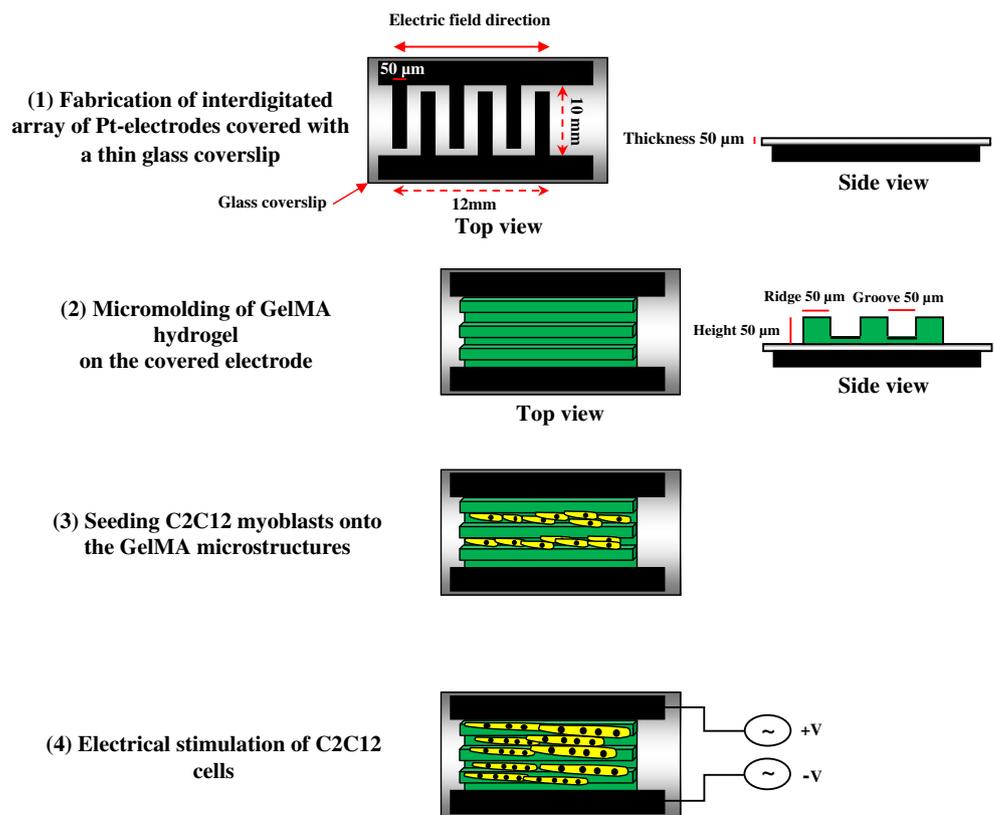
### 2.1 Materials

Positive g-line photoresist (i.e., S1818) and developer (i.e., MF CD-26) were purchased from Shipley Far East Ltd., Japan. Hexamethyldisilazane was purchased from Tokyo Ohka Kogyo Co., Ltd., Japan. Methacrylic anhydride, 3-(trimethoxysilyl)propyl methacrylate (TMSPMA), gelatin Type A made of porcine skin, and penicillin/streptomycin (P/S) were purchased from Sigma-Aldrich Chemical Co., USA. 2-Hydroxy-1-(4-(hydroxyethoxy) phenyl)-2-methyl-1-propanone (i.e., Irgacure 2959) was purchased from Ciba Chemicals, Japan. Polydimethylsiloxane (PDMS) was purchased from Dow Corning Toray Co. Ltd., Japan. Trichloro (1H, 1H, 2H, 2H-tridecafluoro-n-octyl) silane was purchased from Tokyo Chemical Industry Co., Japan. Fetal bovine serum (FBS) was obtained from Bioserum, Japan. Dulbecco's modified Eagle's medium (DMEM), trypsin/EDTA, MEM essential amino acid, MEM nonessential amino acid, and insulin were obtained by Invitrogen, USA.

### 2.2 GelMA hydrogel synthesis and preparation of its prepolymer

GelMA hydrogel was synthesized as described in our previous work (Aubin et al. 2010). In summary, a high degree

**Fig. 1** Schematic of the experimental procedure to fabricate the contactless electrical stimulator for engineering of functional muscle tissue



of methacrylation (~80 %) was obtained by adding 8 mL methacrylic anhydride to 10 g of gelatin in PBS for 3 h at 50 °C. The mixture was dialyzed with a 12–14 kDa cutoff dialysis membrane against distilled water for one week at 40 °C and then lyophilized for 1 week. The GelMA hydrogel was kept at –20 °C until use.

GelMA hydrogel (20 % [w/v]) was combined with the phosphate buffered saline (PBS) and 1 % (w/v) photoinitiator (i.e., Irgacure 2959), kept at 60 °C until fully dissolved to obtain the GelMA prepolymer, and then used for the experiments.

### 2.3 Cell culture

The C2C12 myoblast cell line was purchased from the American Type Culture Collection (ATCC), USA. The cells were cultured in the DMEM supplemented with 10 % FBS and 1 % P/S, and used for the experiments at passage 7. The C2C12 myoblasts were trypsinized using 0.25 % trypsin/0.1 % EDTA when 70–80 % confluence was reached. The cells were maintained in a cell culture incubator (Sanyo, Japan) with a 5 % CO<sub>2</sub> at 37 °C.

### 2.4 Microfabrication of GelMA templates for muscle tissue engineering

To generate micromolds for fabricating microengineered GelMA templates (groove-ridge micropatterns with

dimensions: groove 50  $\mu\text{m}$ , ridge 50  $\mu\text{m}$ , and height 50  $\mu\text{m}$ ), the PDMS stamp (see [Supplementary information](#) for fabrication procedure of PDMS stamp) was initially silanized by using trichloro(1H, 1H, 2H, 2 H-tridecafluoro-n-octyl) silane to prevent the adhesion of the GelMA polymer. A coverslip (No. 000, thickness 50  $\mu\text{m}$ ; Matsunami Co., Japan) mounted on the IDA-Pt electrodes (Ramón-Azcón et al. 2012) (see [Supplementary information](#) for detailed information on design and fabrication of electrodes) was acrylated with the TMSPMA. Note that the coverslip was fixed on the IDA-Pt electrodes using a plastic tape such that there was no direct contact between the electrodes and their surrounding medium. The GelMA hydrogel was then molded on the acrylated coverslip on the IDA-Pt electrodes with the aid of the PDMS stamp such that the GelMA micropattern was perpendicular to the direction of the electrode bands as illustrated in Fig. 1. To fabricate the GelMA microstructures, 20  $\mu\text{L}$  of GelMA prepolymer was poured onto the device. Then, the PDMS stamp was gently placed on the surface to completely fill the microgrooves of the stamp with the GelMA hydrogel, and the pattern was then exposed to 7 mW/cm<sup>2</sup> UV light (Hayashi UL-410UV-1, Hayashi Electronic Shenzhen Co., Ltd., Japan) for 150 s. Afterwards, the PDMS stamp was gently removed, leaving the GelMA micropattern on the IDA-Pt electrodes.

For cell culture on the GelMA micropattern, the C2C12 myoblasts were trypsinized, counted, and resuspended in

DMEM at a density of  $1.5 \times 10^6$  cells/mL. Then, 100  $\mu$ L of this suspension was pipetted onto the GelMA micropattern and incubated at 37 °C for 30 min to allow for cell seeding inside the micropattern grooves. Cells loaded within the GelMA micropattern were then cultured after adding sufficient culture medium. The procedure described here is shown schematically in Fig. 1. After 2 days of culture, the culture medium was replaced with the differentiation medium, which was DMEM with 2 % horse serum, 1 nM insulin, and 1 % P/S. During the culture period, the differentiation medium was replenished every 48 h.

### 2.5 Immunostaining of engineered muscle tissue

C2C12 muscle cells were fixed with 3–4 % paraformaldehyde for 12 min, followed by a wash with PBS. The cells were treated with 0.3 % Triton X-100 for 5 min at ambient temperature to make them permeable. Then the cells were exposed to 5 % bovine serum albumin dissolved in PBS for 15 min. A primary mouse monoclonal IgG antibody (ab-7784, Abcam®, Japan) to detect fast skeletal myosin was added to the underlying sample at a dilution of 1:1000 in PBS and incubated at 4 °C for 24 h. The sample was then washed 3 times with PBS and treated with secondary goat anti-mouse AlexaFluor® 488 antibody (Invitrogen, USA) at a dilution of 1:1000 in PBS and incubated at 37 °C for 1 h. To visualize  $\alpha$ -actinin, the samples were incubated with monoclonal anti- $\alpha$ -actinin antibody (Sigma-Aldrich, USA) at a dilution of 1:1000 in PBS for 1 h at ambient temperature and then treated with Alexa-Fluor 594-conjugated donkey anti-mouse IgG (Invitrogen, USA) for 1 h. The samples were stained with 4,6-diamidino-2-phenylindole (DAPI) (Vector Laboratories Inc., USA) (5 mg/mL in PBS), in order to reveal cell nuclei. The pictures of stained samples were recorded with a fluorescence microscope (Carl Zeiss Observer Z.1, Germany).

### 2.6 Electrical stimulation of the engineered muscle tissue

On day 8 of culture, the engineered muscle tissue was electrically stimulated through the IDA-Pt electrodes as depicted in Fig. 1. As the control system, the muscle tissue was kept without applying the electrical field. For the ES of muscle tissue, the differentiation medium was replaced with the stimulation medium that was composed of DMEM with 2 % horse serum, 1 nM insulin, 2 % MEM essential amino acid, 1 % MEM nonessential amino acid, and 1 % P/S (Kaji et al. 2010). Electrical pulses were applied to the muscle tissue using a waveform generator (WF 1946B Multifunction Synthesizer, NF Co., Japan) under an ES regime (voltage 10 V, frequency 1 Hz, and duration 10 ms) for 2 days. An oscilloscope (wave surfer 424; LeCroy Co., Japan) was used to confirm the generated electric current. During ES of the muscle tissue, the stimulation medium was replenished every day.

### 2.7 RNA extraction and cDNA synthesis

Total RNA was extracted from 3 mg of the muscle tissue. The weighed tissue was placed in liquid nitrogen and thoroughly ground with a mortar and pestle. RNA was extracted using  $\beta$ -mercaptoethanol and purified according to the manufacturer's protocol (RNeasy®microkit, Qiagen, Venlo, Netherlands). Reverse transcription was performed according to the manufacturer's instructions (Quantitech Reverse Transcription, Qiagen, Venlo, Netherlands) for up to 3  $\mu$ g of total RNA. The temperature profile of the cDNA synthesis protocol was as follows: 12  $\mu$ l of sample (3  $\mu$ g of total RNA) was diluted with 14  $\mu$ l of RNase-free water and 4  $\mu$ l of gDNA wipeout buffer and incubated for 2 min at 42 °C and then cooled down to 4 °C. Quantiscript Reverse Transcriptase and Reverse Transcriptase primer mix were subsequently added, and the mixture was incubated for 15 min at 42 °C followed by incubation for 3 min at 95 °C. The samples were kept at 4 °C until use for the quantitative PCR (qPCR).

### 2.8 Real time PCR

Primer sets for GAPDH, MyoD, myogenin, MRF4, Myf-5, Mef2c, MLP, sarcomeric actin,  $\alpha$ -actinin, MHC-pn, MHC-IId/x, MHC-IIa, and MHC-IIb were obtained from Operon Biotechnologies (Tokyo, Japan) and validated for qPCR. The primer sequences are listed in the Supplementary information, Table S1. Real time PCR was performed on a Roche Lightcycler 1.5 (Roche, Mannheim, Germany) using 2  $\mu$ l of cDNA, 2  $\mu$ l of the primer set (50  $\mu$ M), and 14  $\mu$ l of Lightcycler FastStart DNA Master SYBR Green 1 (Roche, Mannheim, Germany). Following an initial denaturation step at 95 °C for 10 min, real time PCR was performed over 45 cycles of 95 °C for 10 s, 62 °C for 10 s, and 72 °C for 20 s, followed by a melt curve analysis. The expression of the target gene was assessed using the comparative method (Berdar et al. 2008), and the results were normalized to the mouse GAPDH gene as the internal reference.

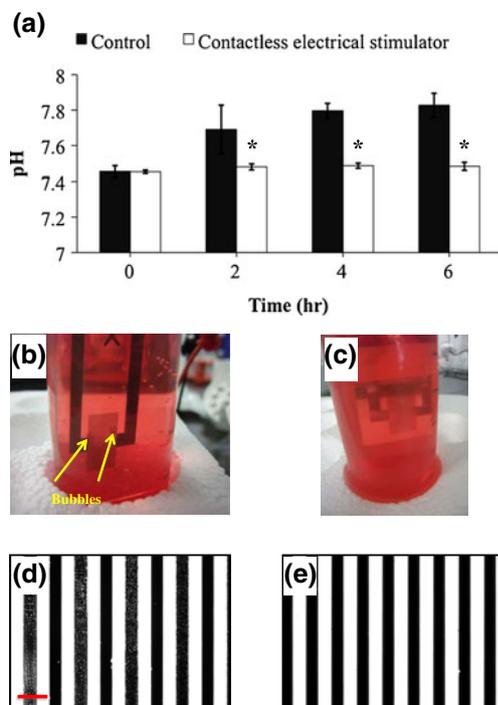
### 2.9 Statistical analysis

Statistically significant differences were revealed by the independent Student's *t* test for 2 groups of data using the MINITAB 16.0 statistical software package (Minitab Inc., USA). All data are represented as average  $\pm$  standard deviation, and p-values less than 0.05 were deemed to be statistically significant.

## 3 Results and discussion

The IDA-Pt electrodes as the electrical stimulator (control device) and our designed contactless electrical stimulator

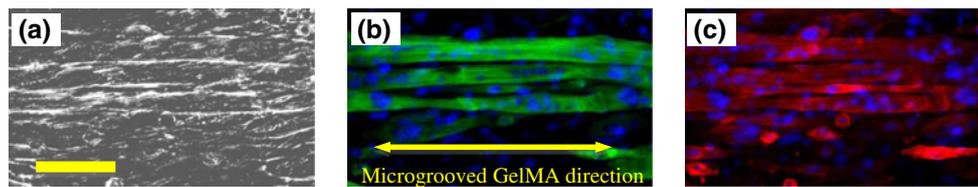
were compared in terms of pH differences, bubble formation, and appearance due to applied electric field. Figure 2 shows such comparison between two devices. We applied an AC electrical field (voltage 10 V, frequency 1 Hz, and duration 10 ms) through devices in the culture medium (i.e., DMEM supplemented with 10 % FBS and 1 % P/S) and evaluated pH changes (as measured by pH meter F-52, Horiba, Japan), bubble formation, and appearance of devices. As can be seen, direct contact between the IDA-Pt electrodes and medium led to noticeable pH changes in culture medium during the stimulation time (Fig. 2-(a)). There was a sharp increase in pH within the control medium during 2 h of stimulation (from pH 7.45 for initial pH buffer to pH 7.69 for the same buffer after 2 h of stimulation); however, it almost remained unchanged until the end of stimulation probably due to the formation of passivation layer on the Pt electrodes. In contrast, pH changes within the medium for the contactless electrical stimulator device during the stimulation time were negligible. In addition, we observed bubble formation within the control device during the stimulation time (Fig. 2-(b)) whereas this phenomenon was not observed within the contactless electrical stimulator



**Fig. 2** Comparison between interdigitated array of Pt electrodes as the electrical stimulator (control) and corresponding secured device with glass coverslip (contactless electrical stimulator). (a) pH changes versus the stimulation time for both control and contactless electrical stimulator devices. Evaluation of bubble formation during the electrical stimulation within control (b) and contactless electrical stimulator devices (c). Appearance of control (d) and contactless electrical stimulator devices (e) after electrical stimulation (voltage 10 V, frequency 1 Hz, and duration 10 ms) for 24 h. Scale bar shows 100  $\mu\text{m}$  (\* $p < 0.05$ )

(Fig. 2-(c)). This gas evolution was also observed in our previous work where Pt microelectrodes were employed to stimulate cardiac myocytes (Nishizawa et al. 2008). Finally, it seems that the ES through control device for 24 h caused Pt corrosion and damage to the device (Fig. 2-(d)); however, Pt electrodes remained fully intact within the contactless electrical stimulator (Fig. 2-(e)). The latter finding is in accordance with previous studies in which Pt corrosion as a result of long-time ES was studied using mass spectrometry (Hibbert et al. 2000) and reciprocal derivative chronopotentiometry (Musa et al. 2011) and it was shown that Pt underwent corrosion during the ES causing to release trace quantities of byproducts that could be toxic to tissues. To solve this problem, Nagamine et al. (Nagamine et al. 2011) used Pt microelectrodes coated with poly(3,4-ethylenedioxythiophene) as a conductive material for the ES of muscle tissue. This chemical modification of Pt electrodes led to the chemical stability of electrodes within the ES period. Note that they did not directly culture the muscle cells on the Pt microelectrodes and therefore as shown by authors, the electric field was dramatically decreased inversely proportional to the distance from the electrodes. In contrast, our designed electrical stimulator enabled close placement of electrodes with the muscle tissue through a thin coverslip leading to an efficient and homogeneous electric field within the muscle tissue.

Most C2C12 myoblast cells that were loaded onto the GelMA micropattern oriented and elongated along the ridge-groove direction. This phenomenon is referred to as *contact guidance*, in which most cells tend to orient and elongate along grooves or fiber axes (Riboldi et al. 2005). A high degree of C2C12 myoblast alignment is needed to obtain highly aligned myotubes (as a fundamental requirement for functional muscle tissues) because the myoblasts fuse together to form myotubes in an end-to-end configuration (Clark et al. 2002). Myotube alignment is crucial to maximize the contractility of muscle tissue (Bian et al. 2011). Figure 3 demonstrates the myotube alignment observed after 10 days of culture (i.e., after the ES). It also shows high expression levels of myosin heavy chain and  $\alpha$ -actinin within multinucleated myotubes in the muscle tissue due to an efficient ES through contactless electrical stimulator. Expression levels of target genes (i.e., MyoD, Myf-5, myogenin, MRF4, Mef2c, MLP, sarcomeric actin,  $\alpha$ -actinin, perinatal myosin heavy chain (MHC-pn), MHC-IIa/x, MHC-IIa, and MHC-IIb) were also evaluated after applying the ES using the designed contactless electrical stimulator on day 10 of culture. The cultures that were electrically stimulated were compared to the corresponding samples without ES (control samples) (Fig. 4). As shown, except myogenin and MRF4, the expression levels of all underlying genes significantly increased upon the ES application. Indeed, MRF4 and myogenin interact with muscle LIM



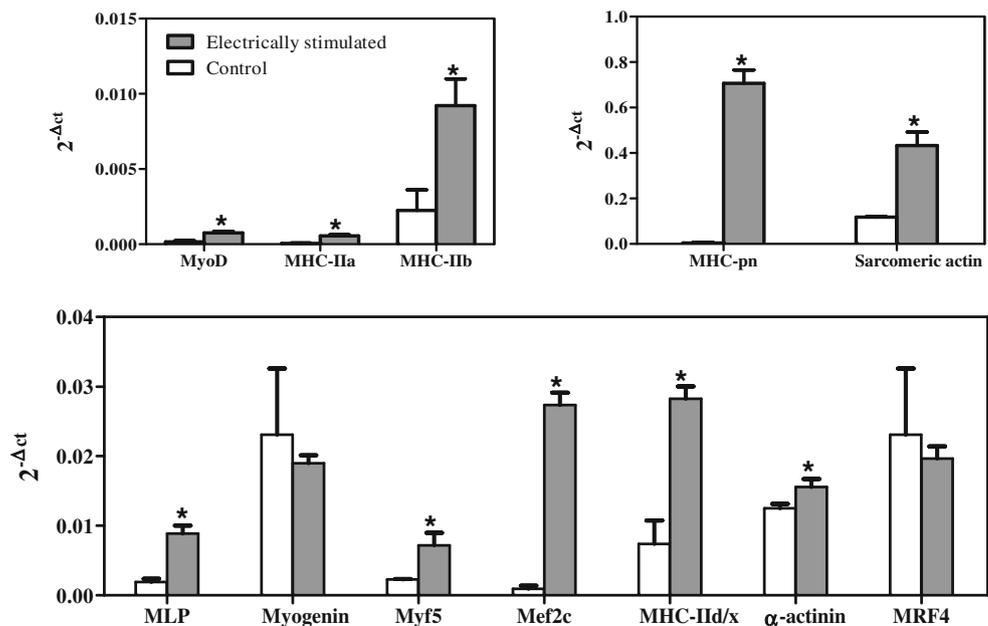
**Fig. 3** Phase contrast (a) and corresponding immunofluorescence images of myosin heavy chains (green)-cell nuclei (blue) (b) and  $\alpha$ -actinin (red)-cell nuclei (blue) (c) for myotubes cultured on the microgrooved GelMA hydrogel on day 10 of culture. Scale bar shows 100  $\mu$ m

protein during muscle maturation and are highly expressed in mature adult skeletal muscle (Arber et al. 1994). Contraction of myotubes due to ES is associated with sarcomere development. As an electric field is applied, the sarcomere assembly is increased due to the manipulation of the intracellular  $\text{Ca}^{2+}$  transient through the depolarization of the cell membrane potential (Nagamine et al. 2010). Note that ES promoted the contraction of myotubes as indicated in the Supplementary information, Movie S1. In contrast, no such phenomenon was observed for the myotubes without applying the ES. The expression levels of all underlying target genes for sarcomere protein development (i.e., sarcomeric actin,  $\alpha$ -actinin, perinatal myosin heavy chain (MHC-pn), MHC-IIId/x, MHC-IIa, and MHC-IIb) were increased upon applying the electrical field that is in agreement with the contractile activity of our fabricated muscle tissue. An engineered muscle tissue may provide a good model to investigate a wide variety of biological phenomena *in vitro*. However, there is still a demand to develop a cellular model of muscle tissues having contractile ability (Kaji et al. 2010). Various effects of muscle tissue contraction on muscle cells such as immune responses, metabolic changes, even angiogenesis can only be evaluated on a muscle tissue model having contractile ability (Nedachi et al. 2008). Therefore, such cellular system

is of great interest. Taken together, this work introduced a contactless electrical stimulator that was effective for the ES of muscle tissue.

Applying efficient electric field through thin isolated barriers (e.g., PDMS layer or glass coverslip) has already been developed and employed for a wide range of cell manipulation applications using the dielectrophoresis technique (Park et al. 2009; Shafiee et al. 2009; Shafiee et al. 2010); however, here, we reported the first application of this system for the ES of an engineered tissue. Eventually, a major hurdle to widespread clinical applications of engineered muscle tissues is cost and time to fabricate an engineered product (Adam 2012). Using the suggested electrical stimulator, it is feasible to employ cheap, disposable, and low stable electrodes because we do not need to worry about the corrosion problem of electrode materials in high corrosive physiological mediums. Therefore, the contactless electrical stimulator may decrease the final cost of an engineered tissue. Due to the wide array of potential applications of ES to two- and three-dimensional (2D and 3D) cell and tissue constructs (Hronik-Tupaj and Kaplan 2012), the proposed device could be of great interest for a variety of biological applications as a tool to create noninvasive, accurate, safe, and highly reproducible direct and alternative electric fields.

**Fig. 4** Changes in the expression levels of MHC-pn, sarcomeric actin, MyoD, MHC-IIa, MHC-IIb, MLP, myogenin, myf5, mef2c, MHC-IIId/x,  $\alpha$ -actinin, and MRF4 as a result of electrical stimulation (voltage 10 V, frequency 1 Hz, and duration 10 ms) and control (without electrical stimulation). Expression levels were normalized with respect to the internal reference gene GAPDH (\* $p < 0.05$ )



## 4 Conclusions

Here, we proposed a contactless electrode to electrically stimulate engineered muscle tissue, which minimizes hydrolysis of the culture medium, joule heating of the medium, contamination of the culture medium due to products of electrodes corrosion, and surface fouling of electrodes. The efficient stimulation of skeletal muscle tissues using this platform was also shown in terms of contractile activity and higher maturation compared to muscle tissues without applying the electrical field.

**Acknowledgments** S.A. conceived the idea. S.A. and J.R. designed the research. S.A., J.R., H.K., H.S., A.K., and T.M. analyzed the results. S.A. wrote the paper. G.C.-U. synthesized the GelMA hydrogel. S.A. and J.R. performed all other experiments. H.K., H.S., A.K., and T.M. supervised the research. All authors read the manuscript, commented on it, and approved its content. This work was supported by the World Premier International Research Center Initiative (WPI), MEXT, Japan.

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